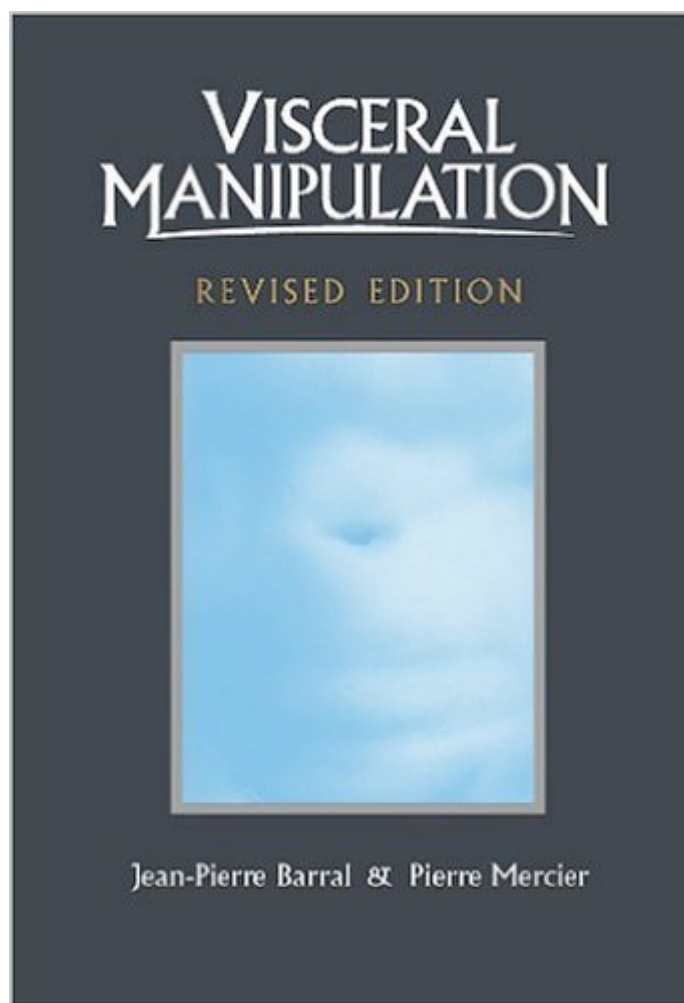


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# Visceral Manipulation (Revised Edition)



## Synopsis

Osteopathy and other systems of manual medicine have developed a variety of models for understanding the mechanics of proper and improper motion of the musculoskeletal system. In this important and pioneering work, that same structural vision is applied to the visceral system. The central premise of Visceral Manipulation is that the interrelationship of structure and function among the internal organs is at least as strong as that among the constituents of the musculoskeletal system; and that, like the musculoskeletal system, manipulation of the viscera can be beneficially used in the treatment of a wide variety of problems affecting any of the body's systems. In this revised edition, over a hundred-and-thirty new illustrations and photographs, many of them in two colors, graphically depict the ideas in the text. Minor updates have also been made to the original text.

## Book Information

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## Customer Reviews

I might be a minority, here, but I'm actually a massage therapist who has had the opportunity to use the techniques in Dr. Barral's books. I don't have to opportunity to use the techniques nearly as much as an MD, ND, or Osteopath would, but every once in a while someone will come in with a problem that is perfect for me to try this for. Please note that many of these techniques are extremely subtle and gentle, like Cranio-sacral therapies. The more direct manipulations are perfect for a therapist to incorporate into almost any kind of session: for instance liver, stomach, or colon manipulations can quickly and easily be thrown into any relaxation or therapeutic massage. To say

that the techniques work would be an understatement. Even me, as a massage therapist, have had good results, and at times astonishing results using these techniques. I've had particular luck with the liver manipulations. One lady had some kind of lead poisoning (according to the docs) and said it damaged her nervous system and she would have to live with it the rest of her life. She experienced severe headaches, right shoulder pain, nausea, dizziness, during every menstrual cycle and it was so bad she actually considered suicide. She'd had this for about ten years by the time I met her and this sounded like a classic liver issue, so when I offered to try this she was more than ready. In THREE sessions, her symptoms decreased a staggering 70%!! Also, please note that I didn't even do the more invasive seated techniques to release all the supporting ligaments. I ONLY did the costal techniques where you work through the ribs, and did induction at the end. I moved away so I couldn't continue treatment, but the client informed me that she followed up with a liver cleanse which got rid of the remainder of her symptoms. THIS is what hands on healing is all about. Amazing stuff.

I read it before taking Barral's VM1 as required reading, but it didn't really "click" until AFTER the class. So, EXCELLENT book, GREAT information... but I wouldn't recommend it to anyone who hasn't taken Visceral Manipulation, or doesn't plan to. There's really no way to get the feel of this work by reading the book and looking at the pictures by themselves.

This text is a must have, must read for any clinician practicing in the area of pelvic floor disorders including pain and incontinence. Easy to understand with good diagrams/photos to help learn techniques. A prerequisite to Visceral Manipulation II or Urogenital Manipulation. A practical text to have handy in any clinical setting.

This already excellent text has been significantly updated with more direct explanations, greatly improved illustrations, and a more complete, better organized text. All this creates much greater specific clinical applicability. Even if you own the first edition, this is a book well worth your while to buy again!

had this book for awhile, never really went through it until my CHEK Level 3 course. just recently completed a 2-day Visceral-somatic link workshop by the Barral Institute and now I can apply the skills I learned and use this book as my reference guide. Great for those who are in the massage industry.

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